

AZERBAIJAN MEDICAL UNIVERSITY DEPARTMENT OF MEDICAL MICROBIOLOGY and IMMUNOLOGY

Lesson 8.

Microbiology diagnosis of *Tuberculosis, Lepra,* Actinomycosis and Nocardiosis

FACULTY: General Medicine SUBJECT: Medical microbiology - 2

Discussed questions:

1. General characteristics, classification of bacteria from the genus Mycobacterium.

- Tuberculosis agents, morpho-biological characteristics, pathogenicity factors. Drug resistance. Multidrug-resistant (MDR), extensively drug-resistant (XDR), pandrug-resistant (PDR). Pathogenesis of the disease. Microbiological diagnosis (microscopic, bacteriological, biological, serological, molecular-genetic methods and skin-allergic test). Application of automated cultivation systems in the microbiological diagnosis of tuberculosis. Specific prevention and treatment of tuberculosis. BCG vaccine.

- The causative agent of *leprosy*. Morpho-biological features, distinguishing features from other mycobacteria, pathogenicity factors, ways of infection, pathogenesis, clinical forms. Microbiological diagnosis of leprosy (microscopic, skin-allergic, molecular-genetic methods), principles of specific treatment and prevention

2. *Actinomycetes*, classification, morpho-biological characteristics, pathogenicity factors. Pathogenesis, clinical forms and microbiological diagnosis of actinomycosis.

3. Nocardia, their role in human pathology

Purpose of the lesson:

 Students will learn the morpho-biological characteristics of bacteria from the Mycobacterium (multidrug-resistant (MDR), extensively drug-resistant (XDR), pandrug-resistant (PDR)) and Actinomyces and Nocardia genusespathogenicity factors, pathogenesis, clinical signs, microbiological diagnosis of diseases caused by these bacteria, to provide information on specific treatment and prevention principles.

INTRODUCTION

Tuberculosis is a worldwide public health problem





Classification of Mycobacteria

MTB Complex

(M. africanum also included)

1. Tubercle bacilli

- a) Human MTB
- b) Bovine M. bovis
- c) Murine M. microti –
- d) Avian M. avium
- e) Cold blooded M. marinum
- 2. Lepra bacilli
 - a) Human M. leprae
 - b) Rat M. leprae murium
- 3. Mycobacteria causing skin ulcers
 - a) M. ulcerans
 - b) M. belnei

- Atypical Mycobacteria (Runyon Groups)
 - a) Photochromogens
 - b) Scotochromogens
 - c) Nonphotochromogens
 - d) Rapid growers
- 5. Johne's bacillus
 - M. paratuberculosis
- 6. Saprophytic mycobacteria
 - a) M. butyricum
 - b) M. phlei
 - c) M. stercoralis
 - d) M. smegmatis
 - e) Others

What are Mycobacteria?

- Obligate aerobes growing most successfully in tissues with a high oxygen content, such as the lungs.
- Facultative intracellular pathogens usually infecting mononuclear phagocytes (e.g. macrophages).

Mycobacterium differ from other routinely isolated Bacteria

- Slow-growing with a generation time of 14 to 15 hours (20-30 minutes for Escherichia coli).
- Hydrophobic with a high lipid content in the cell wall. As they are hydrophobic and tend to clump together, they are impermeable to the usual stains,

e.g. Gram's stain

Acid fast bacilli

 Known as "Acid-fast bacilli" because of their lipid-rich cell walls, which are relatively impermeable to various basic dyes unless the dyes are combined with phenol.

How they are Acid fast

 Once stained, the cells resist decolourization with acidified organic solvents and are therefore called "acid-fast". (Other bacteria which also contain mycolic acids, such as *Nocardia*, can also exhibit this feature.)





Mycobacterium tuberculosis <u>MORPHOLOGY</u>:-

- Slender, straight or slightly curved bacilli with rounded ends, occurring singly or in pairs or in clumps.
- Non-sporing, non-capsulated and non-motile.
- Ziehl Neelsen stain stained by carbol fuschin; heat melts wax; resist decolourisation by 20% sulphuric acid. Resist decolourization by absolute alcohol.
 - (Acid fast and alcohol fast)
- 2. Auramine rhodamine stain (fluorescent stain)



Acid fast bacilli

- Straight or slightly curved.
- 1-4 x 0.2-0.8 μm.
- Single, small clumps, pairs, long filamentous forms may be seen.
- Other (bacteria, cells stained blue by)
- Counter stain (methylene blue)

COUNTER STAINS USED:-

Methylene blue – Blue background

. . .

Malachite green – Green



CULTURAL CHARACTERS:-

- Aerobe.
- Growth stimulation by 5-10% CO₂
- Bacilli grow slowly, generation time 14-15 hrs.
- Colonies appear in about two weeks or delayed upto 6-8 weeks.
- Optimum temp. 37°c
- Optimum pH 6.4-7.0
- Colonies rough, tough and buff
- M. tuberculosis obligate aerobe
- M. bovis Microaerophilic



1. Solid media:-

- Containing egg Lowenstein Jensen, Petragnin, Dorset's egg.
- ii. Containing blood Tarshis medium.
- iii. Containing potato Pawlowsky's medium.
- Medium most commonly used is Lowenstein Jensen medium contain:
 - i. Coagulated hen's eggs (neutralise fatty acid)
 - ii. Glycerol (C source)
 - iii. Mineral salt solution
 - iv. Asparagines (nitrogen source)
 - v. Malachite green (inhibits growth of other bacteria)





2. Liquid media:-

Dubo's, Middlebrooke's, Prouskeur & Beck's, Sula's & Sauton's.

- Liquid media useful for sensitivity tests, for extraction of Ag & vaccines.
 - i. Growth in liquid media- pellicle at surface.
 - ii. Dubo's medium with tween 80 diffuse growth
- Virulent strain Serpentine cords
 Avirulent strain Dispersed growth.
- Tubercle bacilli also grow in chick embryo & tissue culture.



	M. tuberculosis	M. bovis
Morphology	Long, slender and usually curved	Short, stout and straight
Staining	Barred or beaded appearance	Uniform staining
Growth on LJ medium	Eugonic	Dysgonic
Presence of glycerol in medium	Enhances the growth	Inhibits the growth
Colony	Dry, rough, tough, raised & wrinkled, difficult to emulsify	Moist, smooth, flat, white and friable
Biochemical reactions		
Niacin test	+	-
Nitrate reduction	_	
Animal pathogenicity		
In guinea pig	+ (progressive & fatal)	+ (similar)
In rabbit	- Or mild lesion	+ generalised lesion







Nitrate reduction test

Tween-80 hydrolysis test

Niacin test

RESISTANCE :

- Not heat resistant
- Resistant to chemical disinfectants like phenol
- Destroyed by tincture iodine -5 min
- 80% ethanol 2-10 minutes
- Sensitive to formaldehyde and glutaraldehyde

VIABILITY :

- Sputum 20-30 hrs
- Droplets 8-10 days
- · Cultures- 6-8 months

11

Antigenic Structure

- Cell Wall Antigens:
 - Peptidoglycan layer
 - Arabinogalactan layer
 - Mycolic acid layer
 - Mycosides
- Cytoplasmic Antigens (Protein antigens)

Mycolic Acid

- · Difficult to stain.
- Difficult to phagocytose.
- Intracellular survival.
- Hypersensitivity.
- Slow growth.
- Resistant to heat and chemical disinfectants.





Virulence Factor:

- Cord factor- Trehalose 6-6 dimycolate, is a glycolipid molecule found in the cell wall of *Mycobacterium tuberculosis* and similar species. It is the primary lipid found on the exterior of *M. tuberculosis* cells.
 - Serpentine growth (filaments, cords) grows in close parallel arrangement.
 - Toxic to leukocytes
 - · Role in development of granulomatous lesions
- Sulfolipids- Sulfated glycolipid (sulfatide) prevent phagosome- lysosome fusion which is important for intracellular survival.

IMMUNITY:

14

- Following injection by tubercle bacilli, delayed hypersensitivity develops against tuberculoprotein. Antibodies also develop but they don't have any diagnostic value and not relevant in immunity. Immunity in tuberculosis is mainly cell mediated by sensitized T-lymphocytes and macrophages.
- Tubercle Bacilli do not produce any toxin. Various bacterial components have biological effects.
 - Cell wall Causes Delayed Hypersensitivity.
 - Tuberculoprotein Induces D.H. Formation of cellular reaction of lymphocytes, monocytes, macrophages, epitheloid cells & giants cells.
 - Lipids- Accumulations of macrophages and neutrophils.

How tuberculosis spreads

 Tuberculosis (TB) is a contagious disease. Like the common cold, it spreads through the air. Only people who are sick with TB in their lungs are infectious. When infectious people cough, sneeze, talk or spit, they propel bacilli into the air. A person needs only to inhale a small number of these to be infected.



TRANSMISSION

 TB spreads from person to person by airborne



PATHOGENICITY:-

- M. tuberculosis can infect any organ or tissue but most commonly lungs are infected; intestines, kidneys, bones, soft tissues, brain etc.
- Infection acquired by inhalation of infected droplets.
- Engulfed by macrophages but survive and multiply.
- Lyses host cell and infect other
- macrophages.



Primary Tuberculosis:

- Mostly asymptomatic.
- Some may have flu like symptoms; chest pain, mild fever and lack of appetite.
- Within 3 weeks, cell mediated immunity checks the bacilli.
- Engulfed bacilli in alveoli forms a lesion called **Ghon focus** in lower lobe. (Anton Ghon, Austrian pathologist)



- Some bacilli are transported to hilar lymph nodes.
- Ghon focus together with the enlarged hilar lymph nodes is called
- Primary Complex (Ghon Complex). (Karl Emst Ranke, German pulmonologist)

Secondary Tuberculosis:

- Caused by reactivation (immunosuppression) of the primary lesion.
- Spreads to upper lobes.
- Granuloma occurs in apex of lungs.
- Memory T cells releases cytokines.
- Causes tissue destruction and necrosis called tuberculomas (caeseous necrosis).
- Cavities may rupture into blood vessels, spreading bacilli throughout body and in sputum.
 Causing systemic Miliary tuberculosis.



Secondary Tuberculosis: (in 10% cases caused by)

- HIV infection
- Alcoholism and liver cirrhosis
- Diabetes
- Steroid and immunosuppressive therapy

Malnutrition

Old age



Secondary Tuberculosis:

- Miliary tuberculosis may develop in any organ of the body.
- Certain tissues like heart, striated muscles, thyroid and pancreas are resistant.
- Localization sites are the bone marrow, eye, lymph nodes, liver, spleen, kidneys, adrenal, prostate, seminal vesicles, fallopian tubes, endometrium and meninges.

Clinical signs:

- Temperature elevation usually in mid-afternoon, night sweats, weakness, fatigability, loss of appetite and weight.
- Productive cough, blood streaked sputum (hemoptysis)







Tuberculosis Symptoms



LAB DIAGNOSIS:-

- Specimen depending on clinical presentation –Sputum, Pus, Urine, CSF, Pleural/ Ascitic fluid.
- Pulmonary tuberculosis Early morning sputum sample on 3 consecutive days. (Bacillary shedding is intermittent).
- Sputum is collected in wide mouth containers.





TEST PRINCIPLES :-

- Niacin test- suspension of tubercle bacilli +10% cyanogen bromide 4% aniline in ethanol- positive gives yellow colour. (+MTB)
- Arylsulphatase test- Bacteria grown in solution of disulphate + 2N NaOH – pink (-MTB)
- Neutral Red Test colonies of Tub. Bacilli in neutral red solution in alk buffer –colonies pick up red colour (+MTB)



- Catalase Peroxidase test- 5ml culture suspension + H₂O₂ and 2% catechol effervescence -Catalase Peroxidase positive. Point mutation is a catalase gene, makes the strains resistant to isoniazide. (weakly + MTB)
- Amidase test- Acetamide, benzamide, carbamide, nictonamide, pyrizinamide. (Split)
 •0.00164M solutions of amide + tub. bacterial suspension incubate at 37°c.
 •Add solution of phenol, MnSo₄, hypochlorite.
 - •Boil tube for 20 mins.
 - •Blue colour indicates Positive reaction

Drug sensitivity tests: -

1. Absolute conc. Method:-

L.J. media containing serial conc. Of drug are inoculated & minimum inhibitory conc. Noted.

2. Resistance ratio:-

Two sets of media containing serial conc. Of drugs are inoculated.

- 1st set test strain
- 2nd set standard strain

OTHER METHODS OF DIAGNOSIS OF TUBERCULOSIS:-

- 1. X-ray chest
- 2. Blood exam lymphocytosis, increased ESR
- 3. Mantoux test Tuberculin test.
- Routinely 5TU is used. 0.1 ml of PPD is injected intradermally in forearm. The area is marked by pen do not press or wash.
- Readings taken after 48-72 hrs.
- Erythema & indurations > 10mm positive

< 5mm – negative (+ in HIV) 6-9mm – equivocal









Result Interpretation

Negative: Induration < 5 mm (always) Positive: Induration \geq 5 mm not always but conditional e.g. in Immunosuppressed persons 10 mm induration to be positive e.g. IV drug abusers, children under 4 years old, people in high risk areas ≥ 15 mm induration to be positive in a healthy person whose immune system is normal

Induration after 48 hours of injection

NEWER METHODS FOR LAB DIAGNOSIS OF TUBERCULOSIS:-

1. Radiometric methods –

Advantage:- rapid growth

- Specific identification,
- Result within 7 days

Instrument:-

- BACTEC
- Fully automated
- 2. <u>PCR</u> high sensitivity.
 - DNA amplified.
 - · Cannot differentiate living and dead bacteria; both reported positive.

Serology - antibodies against M.tubercule antigen by ELISA.


Mycobacterium tuberculosis

TREATMENT

FIRST LINE DRUG:-

- Rifampicin(R) & Pyrizinamide (Z) kill bacilli in lesions
- Isoniazid (H) kills replicating bacilli
- Streptomycin (S) kills extracellular bacilli
- Ethambutol (E) bacteristatic
- Intensive phase 3 times a week, 2 months H, E, R, Z
- Continuing phase 3 times a week, 4-5 months H, R

SECOND LINE DRUG:-

- Quinolones, Aminoglycosides, Macrolides, Thiacetazone, Cycloserine, Capneomycin.
- MDR-TB Resistance to Rifampicin & Isoniazid ; DOTS (directly observed therapy under supervision) important.

TYPES OF DRUG RESISTANCE

- Mono resistance: resistant to one drug
- Poly resistance: resistant to 2 or more drugs
- Multidrug-resistant tuberculosis (MDR-TB)- resistant to at least isoniazid and rifampin
- Pre- XDR TB MDR TB + resistance to a fluoroquinolone or a 2nd line injectable drug
- Extensively Drug Resistant TB (XDR TB) MDR-TB + resistance to a fluoroquinolone and a second line injectable (amikacin/ kanamycin/capreomycin)
- Totally Drug Resistant TB (TDR-TB) ???

BACILLUS CALMETTE GUERIN (BCG) :-

- Live attenuated vaccine. Strain of *M. bovis* attenuated by serial sub cultures in glycerine bile potato medium over 13 years.
- 0.1ml injected intradermally on deltoid muscle soon after birth.
- Immunity last for about 15 years.

BCG not to be given -

- Infants & children with active HIV disease.
- · Babies born to sputum AFB positive mother.



Non-tuberculo		
Rapidly growing mycobacteria	Slowly growing mycobacte	eria
M. chelonae–abscessus complex • M. abscessus subsp. abscessus • M. abscessus subsp. bolletii • M. abscessus subsp. massiliense • M. chelonae M. fortuitum	M. marinum M. ulcerans	M. tuberculosis complex
	M. avium complex • M. avium • M. intracellulare • M. chimaera M. haemophilum M. xenopi M. kansasii	M. leprae
M. smegmatis M. vaccae		
 True pathogens Opportunistic pathogens Saprophytes* 	M. simiae	
	M. terrae complex M. gordonae	

*can be detected in clinical samples and need retesting to confirm infection



Lepra bacilli

- Gram positive Obligate intracellular bacillus due to its large pool of non functional genes.
- Acid fast stained with modified Fite stain or ZN stain
- Short, thick, pink stained rods of Size: (5μ X 0.5 μ)
- Occurs characteristically in clumps or bundles("globi")
- Affinity for Schwann cells & cells of R-E system.
- M. *leprae* grows best in cooler tissues (the skin, peripheral nerves, anterior chamber of the eye, upper respiratory tract, and testes), sparing warmer areas of the skin (the axilla, groin, scalp, and midline of the back).
- Optimal temp. for growth is 30-33 centigrade

The Leprosy Bacteria



Cultivation

- M. leprae is found only in cases of human infection.
- They have not yet been grown ion artificial media or tissue culture.
- The generation time of leprae bacillus is found to be 12-13 days on an average.
- When ground tissue or nasal scrapping from lepromatous leprosy containing lepra bacilli are inoculated intradermally into foot pad of mouse and kept at low temperature (20°C), a granulomatous lesion develops at the site of injection in 1-6 months.
- When nine band armadillo is inoculated with lepra bacilli, generalized infection develops with extensive multiplication of the bacilli.





Reservoir of infection

Main reservoir : Human being
 Lepromatous case> Non lepromatous cases

Animal reservoirs

- 9-banded armadillos
- Chimpanzees
- Mangabey monkeys
- Sphagnum moss

Mode of transmission

- Transmission by inhalation
 - Droplet infection(most common)
- Transmission by contact
 - Skin to skin contact with infectious cases
 - Contact with soil or fomites
- Other Routes
 - Insect Vectors e.g., Mosquito, Bedbugs
 - Tattooing needles

NB : Breast feeding and Transplacental infection do not occur.

Incubation period

Long incubation period
 Ranged: 2 to 40 years or more
 Average: 3-5 years

Generation time : 12 days.

Infectivity : Leprosy is a highly infectious disease with low pathogenicity. Among household contacts of lepromatous cases about 5 to 12 percent is expected to show signs of leprosy within 5 yrs.

VIRULENCE FACTOR

The bacterium's complex cell wall contains large amounts of an *M. leprae*—specific **phenolic glycolipid (PGL-1)**, which is detected in serologic tests. The unique trisaccharide of *M. leprae* binds to the basal lamina of Schwann cells; this interaction is probably relevant to the fact that *M. leprae* is the only bacterium to invade peripheral nerves.



Ridley- Jopling 1966 (Research purposes) Most widely accepted Divides Leprosy cases into five groups according to their position on an immunohistological scale. It can be used only when full research facilities are available : Tuberculoid (TT)

Borderline Tuberculoid (BT) Borderline Borderline (BB) Borderline Lepromatous (BL) Lepromatous (LL)

Differences

Tuberculoid Leprosy (TT)

- Well demarcated, dry patch
- Minimal disfigurement
 - No leonine facies
 - No claw-shaped hands
 - No pendulous ear lobes
- Good immune response (high resistance)



Lepromatous Leprosy (LL)

- Disfigurement is there
 - Leonine facies
 - Claw-shaped hands
 - Pendulous ear lobes
 - Saddle nose
- Suppressed (low resistance)

















DIAGNOSIS BACTERIOLOGICAL EXAMINATION

This includes : Skin Smears : Nasal Smears or blows : Nasal Scrapings :

DIAGNOSIS BIOPSY

Usually resorted to when there is high clinical suspicion but the other test are unyielding. It also gives information about the bacterial content of skin.

DIAGNOSIS IMMUNOLOGICAL TESTS

- Tests for cell mediated immunity(CMI)
- LEPROMIN TEST
- Tests for humoral antibodies(serological tests)
- FLA-ABS test : used for detecting subclinical infections. 92.3 percent sensitive and 100 percent specific in detecting specific antibodies in all types leprosy irrespective of type and duration of disease.
- Monoclonal antibodies
- Others : RIA, ELISA.

DIAGNOSIS LEPROMIN TEST

Method : it is performed by injecting 0.1ml of lepromin into inner aspect of the forearm. The reaction is read at 48 hours and 21 days. Two types of reaction have been described :

EARLY REACTION (FERNANDEZ REACTION) :

an inflammatory reaction develops within 24 to 48 hours and this tends to disappear in 3 to 4 days. If the diameter of the red area is more than 10mm the test is considered positive. It is a delayed type hypersensitivity reaction to soluble constituents of lepra bacilli and indicates whether or not a person has been sensitized by exposure to and infection by lepra bacilli.

DIAGNOSIS LEPROMIN TEST

LATE REACTION(MITSUDA REACTION) : It is characterized by the appearance of a nodule which becomes apparent in 7 to 10 days and reaches its maximum in 3 to 4 weeks. The test is read at 21 days. If the nodule is more than 5 mm it is considered positive. It is induced by the bacillary component and indicates cell mediated immunity.

In the first six months of life most children are lepromin negative

BCG vaccination is capable of converting lepra reaction from negative to positive.

DIAGNOSIS LEPROMIN TEST

VALUE OF LEPROMIN TEST :

Useful tool for evaluating the immune status of leprosy patients.

Aid to classify the type of disease.

Estimating the prognosis

Strongly positive in a typical tuberculoid case and getting weaker towards the lepromatous end, the typical lepromatous case being lepromin negative indicating failure of CMI.

The greatest drawback being high false positive and false negative cases hence not used as a diagnostic test.

OTHER TESTS FOR CMI:

- Lymphocyte transformation test(LTT)
- Leucocyte migration inhibition test(LMIT)

Treatment

- Multiple drug therapy for 12 months is key to treatment, this is carried out by WHO guideline using.
 Diferminian
 - 1- Rifampicin
 - 2- Dapsone
 - 3- Clofazimine
- During treatment, patient may develop acute manifestation, which controlled by steroids
- Surgical treatment is indicated in advance stage of disease for functional disability of limbs, cosmetic disfigurement of face and visual problems.
- Surgical reconstruction requires the expertise of hand surgeon, orthopedic surgeon and plastic surgeon.

Actynomyces - Taxonomy

- (Domain): Bakteriyalar
- (Kingdom): Actinomycetota
- (Class): Actinomycetia
- (Order): Actinomycetales
- (Family): Actinomycetaceae
- (Genus): Actinomyces
- (Species): A.israelli

Actinomycetes

- Fungus-like characteristics
 - Branching filaments in tissues / culture
 - looks like mycelia
- Filaments frequently segmented
 - Pleomorphic forms (Diphtheroid & club shaped)
- Cell wall and the internal structures are typical of bacteria.
- Aaerobic OR Anaerobic.
- Slow growers

Actinomycetes

- Classification
 - -Anaerobic
 - Actinomyces spp
 - -Aerobic
 - Nocardia spp
 - Actinomadura spp
 - Streptomyces spp

Actinomyces

-Anaerobic Actinomycetes

- Morphology and cultural characteristics
 - Gram positive branching, or diphtheroid-like bacilli
 - Anaerobic and require CO₂ for growth
 - Non-sporing
 - -Grows well on Blood Agar.

Actinomyces – Gram stain



Actinomycetes - Gram staining







Acrtinomycetes - culture





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Actinomyces

Clinical significance

- Part of the normal oral bacterial flora in humans and animals.
- Three clinical types
- Cervico facial actinomycosis or "lumpy jaw"
 - » occur following tooth extractions or dental surgery
 - » rare today because of prophylactic antibiotic therapy
- Thoraco Lumbar actinomycosis
- Abdominal actinomycosis
- Meningitis, endocarditis, or genital infections

Actinomycosis

Characterized by draining sinuses,
 containing characteristic granules

 which are micro colonies of bacteria
 look like dense rosettes of clubshaped filaments in radial arrangement
 Ray fungus

Clinical presentation



Cervicofacial Actinomycosis


Cervicofacial Actinomycetes



Actinomycosis – Lab Diagnosis

- Macroscopic examination of Granules
- Microscopy
 - Gram stain
- Isolation / Anaerobic Culture
- Serology Not useful
- Molecular diagnostic tests PCR

Macroscopic examination of Granules

- Yellow in colour (Hence the name Sulur granules)
- But may be white / brown
- Firm and round
- Size : 0.5 5mm in diameter

Sulfur granule



Granules



Treatment - Actinomycosis

Penicillin

Aerobic Actinomycetes

Nocardia Actinomadura Streptomyces

Nocardia - Taxonomy

- (Domain): Bacteria
- (Kingdom): Actinomycetota
- (Class): Actinomycetia
- (Order): Mycobacteriales
- (Family): Nocardiaceae
- (Genus): Nocardia
- (Species): N.asteroides, N.brasiliensis etc.

Nocardia spp.

Three clinically important species

- N. asteroides,
- N. brasilensis
- N. caviae
 - Morphology and cultural characteristics
 - Gram positive branching filamentous bacteria
 - May fragment to bacillary or coccoid forms
 - Aerobic
 - The organisms are weakly acid fast or non acid fast
 - Ubiquitous in soil

Nocardia – Gram stain



Nocardia acid fast stain



Culture

- Nocardiae grow on blood agar, although growth is better on enriched media including Löwenstein-Jensen medium, brainheart infusion agar and Sabouraud's dextrose agar containing chloramphenicol as a selective agent.
- Growth is visible after incubation for between 2 days and 1 month; selective growth is favoured by incubation at 45°C. Colonies are cream, orange or pink coloured; their surfaces may develop a dry, chalky appearance, and they adhere firmly to the medium
- On tap-water agar, Nocardia species have recursively branching hyphae with aerial hyphae.

Culture character

- Plate culture of the bacteria Nocardia asteroides grown on 7H10 agar plates at 37° C.
- Media: Nutrient agar, sabouraur agar, brain heart in fusion agar, yeast extract malt extract agar.
- Specimens with mixed flora can over grow the Nocardia colonies
- Selective media may increase yield:
 - Thayer-Martin agar with antibiotics
 - paraffin agar.
 - Buffered charcoal-yeast extract (BCYE) medium

Nocardia spp.



Gram staining



Modified Acid Fast Staining

Nocardia culture on Blood Agar



Biochemical test

 hydrolysis of casein, tyrosine, and/or xanthine, (2) presence of urease, (3) utilization of rhamnose, and (4) positive resistance to lysozyme.

Table 1: Hydrolysis Tests for differentiating Nocardia strain

	Casein hydrolysis	L-tyrosine hydrolysis	Xanthine hydrolysis
N. asteroides complex, N. farcinica, or N. nova	-	-	-
N. brasiliensis	+	+	-
N. otitidis	-	+	-
N. caviae	-	-	+
Streptomyces or Nocardiopsis	+	+	+

Spectrum of illness

- Skin / Soft tissue infections most common presentation
- Can spread hematogenously in rare cases

 CNS & pulmonary System
- Persons with impaired host defense are more likely to develop systemic disease

Nocardiosis – Clinical manifestations

- Three broad types
 - Mycetoma
 - Most common cutaneous manifestation of N. brasiliensis worldwide
 - Chronic, indurated, granulomatous masses, mostly found on the Lower Extremities
 - Draining nodules & sinuses that contain sulfur granules
 - tend to invade underlying connective tissue, muscle, bone

Nocardiosis – Clinical manifestations

- Localized cutaneous Nocardiosis
 - Cellulitis, subcutaneous abscesses, pustules, pyoderma, ulcerations
- Pulmonary Nocardiosis
- Lymphocutaneous Nocardiosis
 - Also called the "sporotrichoid" form of nocardiosis
 - Rare

Nocardia asteroides



Nocardia brasiliensis



Mycetoma

- Organism enters the body through breaks in the skin
- Causes a localized infection involving skin, cutaneous, and subcutaneous tissue.
- The three most characteristic features seen in Mycetoma
 - » swelling (Tumifaction)
 - » draining sinuses
 - » granules
 - This disease can also be caused by fungi

Mycetoma – Nocardia spp.

Develoux, 2003



Nocardiosis

Pulmonary nocardiosis

 Localized or disseminated disease
 Occurring after inhalation of organisms.
 Pulmonary infections resemble tuberculosis
 May disseminate to brain and meninges
 Usually a disease of compromised hosts.

Laboratory Diagnosis

- Macroscopic examination of granules
- Direct Microscopy
 - Gram Staining
 - Ziehl Neelsen's staining
- Culture
 - Specimens should be inoculated onto
 - 7H10 agar
 - Lowenstein-Jensen agar
 - Brain heart infusion agar
 - Orange, dry, crumbly, and adherent colonies
- Serology Not useful
- Molecular Diagnosis PCR

Nocardiosis - Treatment

– Mycetoma – aminoglycosides
 – Pulmonary Nocardiosis – sulfonamides

Nocardiosis - Treatment

- Optimal duration of tretment not known
- Clinical outcome related to the duration of antibiotic therapy
- Tendency of Nocardia to recur
 - Treatment best continued for 3-12 months.
 - depending on severity of disease
 - immune status of pt.
 - Immunocompromised hosts, consider indefinite lowdose prophylaxis after full-dose therapy is completed

Other causes of actinomycotic mycetoma

Actinomadhura madhurae

Actinomadhura palletieri

Streptomyces somaliensis